

**The Celtic Challenge on Tour
Normandy 2020
23 September to 27 September 2020**



200 MILES OVER 4 DAYS!

- Mix of terrain:-
- Some flat cycling including along a couple of the landing beaches.
- Green and agricultural
- Some inclines but nothing severe
- Maximum of 40 participants

Need to know information:-

- Registration Fee:- £195
- Fundraising target :- £1750
- Led by Sport Ecosse.
- Training schedule will be available.
- Physical Activity Readiness Questionnaire is required to be completed.
- Bikes taken from the Hospice or Maryhill Road Glasgow to Normandy included in price.

What's included:-

- Dinner on day 1.
- Breakfast, lunch and dinner on days 2, 3 and 4.
- Breakfast on day 5.
- Snacks and drinks throughout the day at regular intervals.
- Transportation of luggage.
- Training advice and equipment list.
- Public & Employers liability insurance.
- 4 night's hotel accommodation (single rooms - £150 supplement).
- Qualified first aid cover.
- A bespoke, fully risk assessed route.
- Ferry transport to and back from Cherbourg.
- 2 support vehicles.
- Basic bike maintenance throughout the trip.

What's not included?

- Travel to and from Portsmouth.
- Alcohol!
- Courier service to transport your bike to Sport Ecosse and return to you post event, if you cannot make the bike drops in Glasgow or at the Hospice. This will save you transporting your bike to and from Portsmouth. (Approx. £95 varies with weight)

The Route:- Day 1

- Morning ferry from Portsmouth to Cherbourg.
- Cycle from Cherbourg to St Vasst.
- 26 miles.
- Mainly coastal so very flat and never above 150ft above sea level.

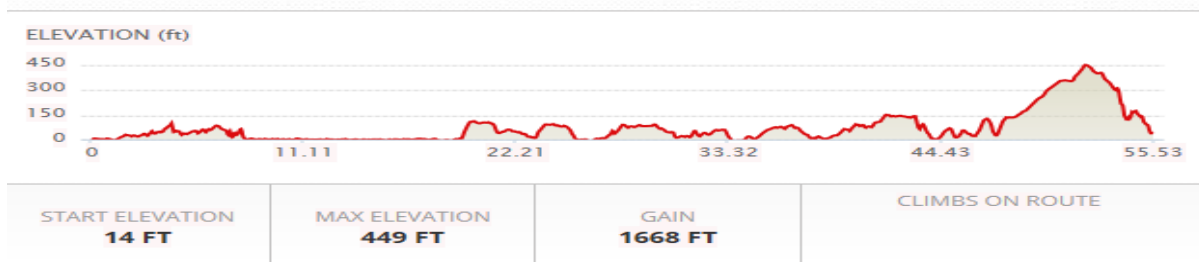


Accommodation:-

- [Hotel: - Les Fuchsias Saint-Vaast La Hougue](#)
- Dinner at Restaurant Le Chasse Maree - 3 course option.

The Route: Day 2

- St Vaast to St Lo
- 58 Miles
- Terrain is similar to Day 1.
- Up to 350ft before dropping down into St Lo.

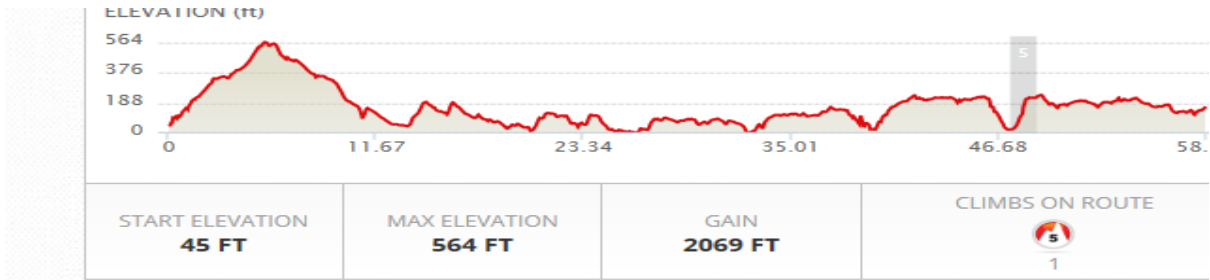


Accommodation:-

- Lunch at Airborne Care – 3 plate buffet menu.
- [Hotel Mercure \(Saint Lo Centre\).](#)
- Dinner – La Rotunde.

The Route:- Day 3

- St Lo To Bayeux.
- 60 miles.
- Rising up out of St Lo before dropping back to the coast and a nice rolling finish into Bayeux.

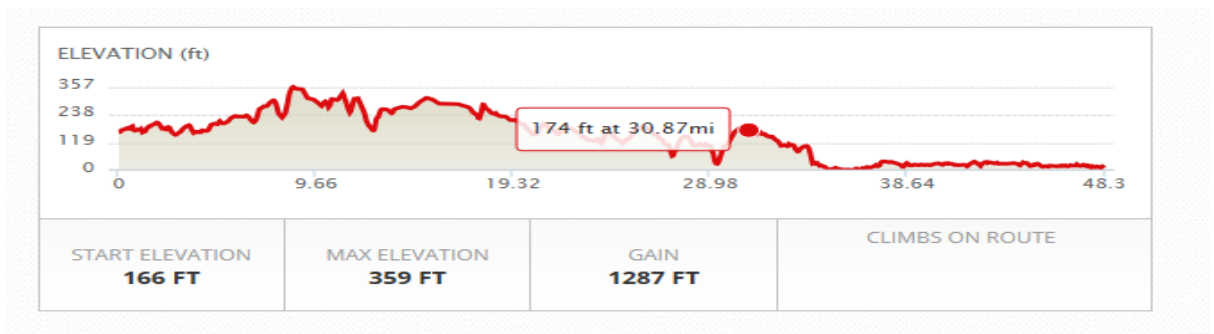


Accommodation:-

- [Hotel De Brunville.](#)
- Dinner, Bed and Breakfast.
- Pool.

The Route:- Day 4

- Bayeux to Ouistreham.
- 50 miles.
- Rolling countryside then flattish coastline.



Accommodation:-

- Hotel: [Ibis Styles \(Ouistreham\).](#)
- Situated in central Ouistreham, 550 yards from the beach and the fishing harbour.
- Celebratory dinner in a local restaurant!



You'll be following in the footsteps of cycling royalty...
Mark Cavendish won the opening stage of the Tour De France in 2016 at Utah Beach (from D- Day Landings.)

******Reduced Registration Fee of £145 available until 30 September 2019******

